Top-Tips

Children thrive on routine. You may find that your child’s behaviour declines with the lack of structure from school. If this is the case, you may decide that creating a structure for the day could help and help keep everyone feeling more settled. I am not at all suggesting that you plan out your day to military schedule, however, you may find it useful to plot in certain times for lunch, going for a walk, down-time/screen time (a great opportunity to get some of your own work done), free-play time, some **short** focused learning which can be play based, help with chores around the house etc. Remember, learning is limited to purely maths and literacy (please see ‘other ideas grid’). You know your child best and know whether they take changes in routine in their stride or whether they are creatures of habit.

Basic template below, but feel free to add your own timings, activities, colours and stickers etc to make it more interesting.

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| Time | Activity |
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