



Long Term Plan: PSHE (including Relationships Education and Health Education)



| Year A 2019 - 2020 | Whole School Theme | Year R | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|--------------------------|-------------------------------|--|--|--------|--|--------|--|--------|
| Autumn 1 | Beginning and Belonging | Objectives are covered on an on-going basis over the course of the year. See ‘P.S.H.E. in the Early Years’ and ‘R.E. in the Early Years’ planning documents for further details. Myself and My Relationships: <ul style="list-style-type: none">Beginning and Belonging;My Family and Friends (incl. anti- bullying);My Emotions. Healthy and Safer Lifestyles: <ul style="list-style-type: none">Healthy Lifestyles;Keeping Safe (including E- Safety). Citizenship: <ul style="list-style-type: none">Identities and Diversity;Me and My World. <div><div></div><div></div><div></div></div> | Myself and My Relationships – Beginning and Belonging | | Myself and My Relationships – Beginning and Belonging | | Myself and My Relationships – Beginning and Belonging | |
| Autumn 2 | Family and Friendships | | Myself and My Relationships – My Family and Friends *Myself and My Relationships – Anti-bullying | | Myself and My Relationships – My Family and Friends *Myself and My Relationships – Anti-bullying | | Myself and My Relationships – My Family and Friends *Myself and My Relationships – Anti-bullying | |
| Spring 1 | All About Money | | Economic Wellbeing – Financial Capability Healthy and Safer Lifestyles – *Digital Lifestyles <i>(also see the computing curriculum for ‘e-safety’ content)</i> | | Economic Wellbeing – Financial Capability Healthy and Safer Lifestyles – *Digital Lifestyles <i>(also see the computing curriculum for ‘e-safety’ content)</i> | | Economic Wellbeing – Financial Capability Healthy and Safer Lifestyles – *Digital Lifestyles <i>(also see the computing curriculum for ‘e-safety’ content)</i> | |
| Spring 2 | Me and my Community | | Citizenship – Diversity and Communities | | Citizenship – Diversity and Communities | | Citizenship – Diversity and Communities | |
| Summer 1 | Keeping Safe | | Healthy and Safer Lifestyles – Drug Education Healthy and Safer Lifestyles – Personal Safety | | Healthy and Safer Lifestyles – Drug Education Healthy and Safer Lifestyles – Personal Safety | | Healthy and Safer Lifestyles – Drug Education Healthy and Safer Lifestyles – Personal Safety | |
| Summer 2 | Changes | | Healthy and Safer Lifestyles – *Relationships and Sex Education | | Healthy and Safer Lifestyles – *Relationships and Sex Education | | Healthy and Safer Lifestyles – *Relationships and Sex Education | |

* These units are repeated every year in all year groups.



Long Term Plan: PSHE (including Relationships Education and Health Education)



| Year B 2020 - 2021 | Whole School Theme | Year R | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|--------------------------|-------------------------------|--|---|--------|---|--------|---|--------|
| Autumn 1 | Beginning and Belonging | Objectives are covered on an on-going basis over the course of the year. See 'P.S.H.E. in the Early Years' and 'R.E. in the Early Years' planning documents for further details. Myself and My Relationships: <ul style="list-style-type: none"> Beginning and Belonging; My Family and Friends (incl. anti-bullying); My Emotions. Healthy and Safer Lifestyles: <ul style="list-style-type: none"> Healthy Lifestyles; Keeping Safe (including E-Safety). Citizenship: <ul style="list-style-type: none"> Identities and Diversity; Me and My World. <div>    </div> | Citizenship – Rights, Rules and Responsibilities | | Citizenship – Rights, Rules and Responsibilities | | Citizenship – Rights, Rules and Responsibilities | |
| Autumn 2 | Feelings and Friendships | | Myself and My Relationships – My Emotions *Myself and My Relationships – Anti-bullying | | Myself and My Relationships – My Emotions *Myself and My Relationships – Anti-bullying | | Myself and My Relationships – My Emotions *Myself and My Relationships – Anti-bullying | |
| Spring 1 | Working Together | | Citizenship – Working Together Healthy and Safer Lifestyles – *Digital Lifestyles <i>(also see the computing curriculum for 'e-safety' content)</i> | | Citizenship – Working Together Healthy and Safer Lifestyles – *Digital Lifestyles <i>(also see the computing curriculum for 'e-safety' content)</i> | | Citizenship – Working Together Healthy and Safer Lifestyles – *Digital Lifestyles <i>(also see the computing curriculum for 'e-safety' content)</i> | |
| Spring 2 | Keeping Safe | | Healthy and Safer Lifestyles – Managing Safety and Risk | | Healthy and Safer Lifestyles – Managing Safety and Risk | | Healthy and Safer Lifestyles – Managing Safety and Risk | |
| Summer 1 | Changes | | Myself and My Relationships – Managing Change | | Myself and My Relationships – Managing Change | | Myself and My Relationships – Managing Change | |
| Summer 2 | Changes | | Healthy and Safer Lifestyles – *Relationships and Sex Education | | Healthy and Safer Lifestyles – *Relationships and Sex Education | | Healthy and Safer Lifestyles – *Relationships and Sex Education | |

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