**7. Art**

Have you noticed any rainbows in windows on your street recently? Some people all over the world have chosen to make a rainbow picture and display it in their homes while they are staying indoors, as a symbol of hope to people who see it. Rainbows sometimes appear when sun follows heavy rain, so act as a reminder that happier times often follow sad events. Why not make your own rainbow creation, whether with pencils, felt tips, paints or something else, to display in your window or in your home? You can also look out for these in other people’s windows if you’re out on a daily walk, which might help you feel a bit more connected to everyone else in your community.