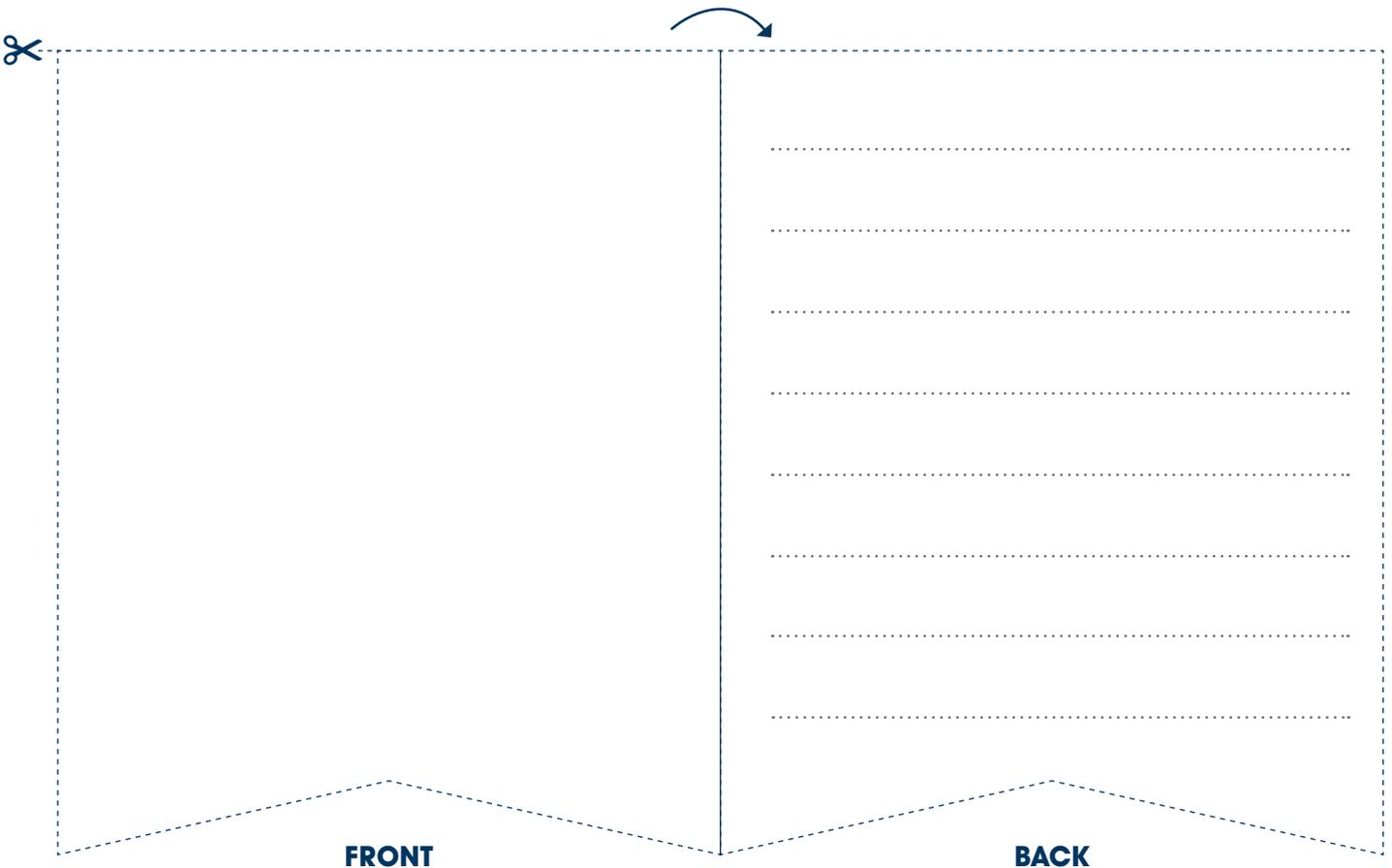


# BOOKMARK TEMPLATE

Draw a picture and write a short paragraph to describe a time when you were determined/courageous. Think about:

- What were you being determined/courageous about?
- Why did you have to be determined/courageous?
- How were you determined/courageous?
- How did you feel after you were determined/courageous?





## WORD BANK

\* try \* brave \* scared \* decision \* give up \* keep going \* dedicated \* difficult \* easy \* struggle  
\* calm \* resilience \* respect \* problem \* new \* bold \* confident \* happy \* proud

## KEY WORDS:

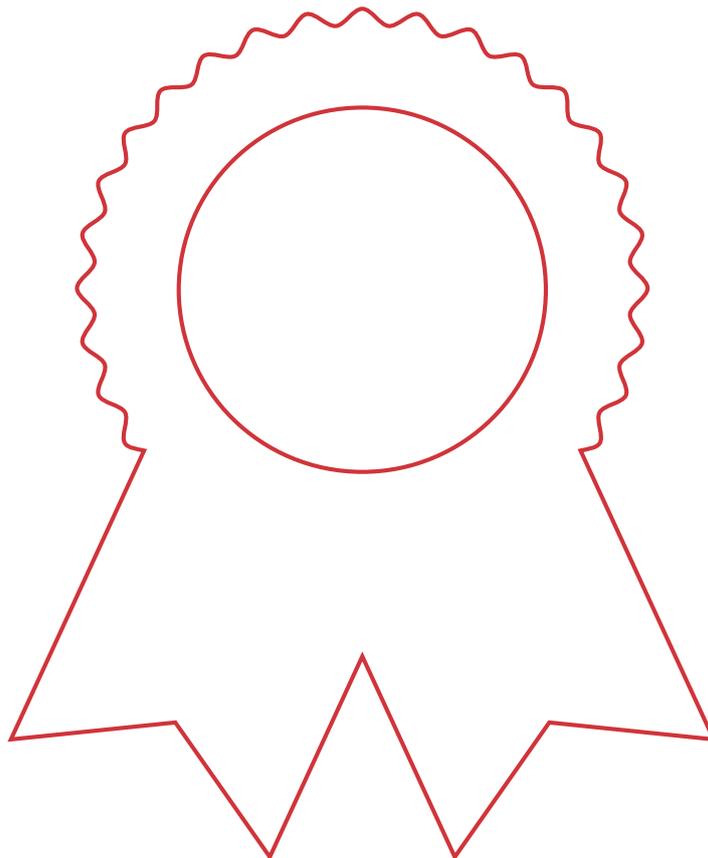
**Determination:** the firm intention to achieve what you have decided to achieve.

**Courage:** the ability to face danger or difficulty or pain even when you are afraid.

# INSPIRATION ROSETTE TEMPLATE

Fill out the inspiration rosette below for someone or something that inspires you. Follow the steps to complete the rosette.

1. Write the name of the person/thing that inspires you in the frills around the centre circle. (E.g. a friend/a famous sportsperson)
2. On the left ribbon, note down why this person/thing inspires you. (E.g. This person is always determined to be their best and regularly practises their skill.)
3. On the right ribbon, note down how this inspiration impacts your life. (E.g. They inspire me to always try harder.)
4. Finally, when asked to, add your inspiration pledge in the centre circle by completing the sentence "I will inspire others to..."

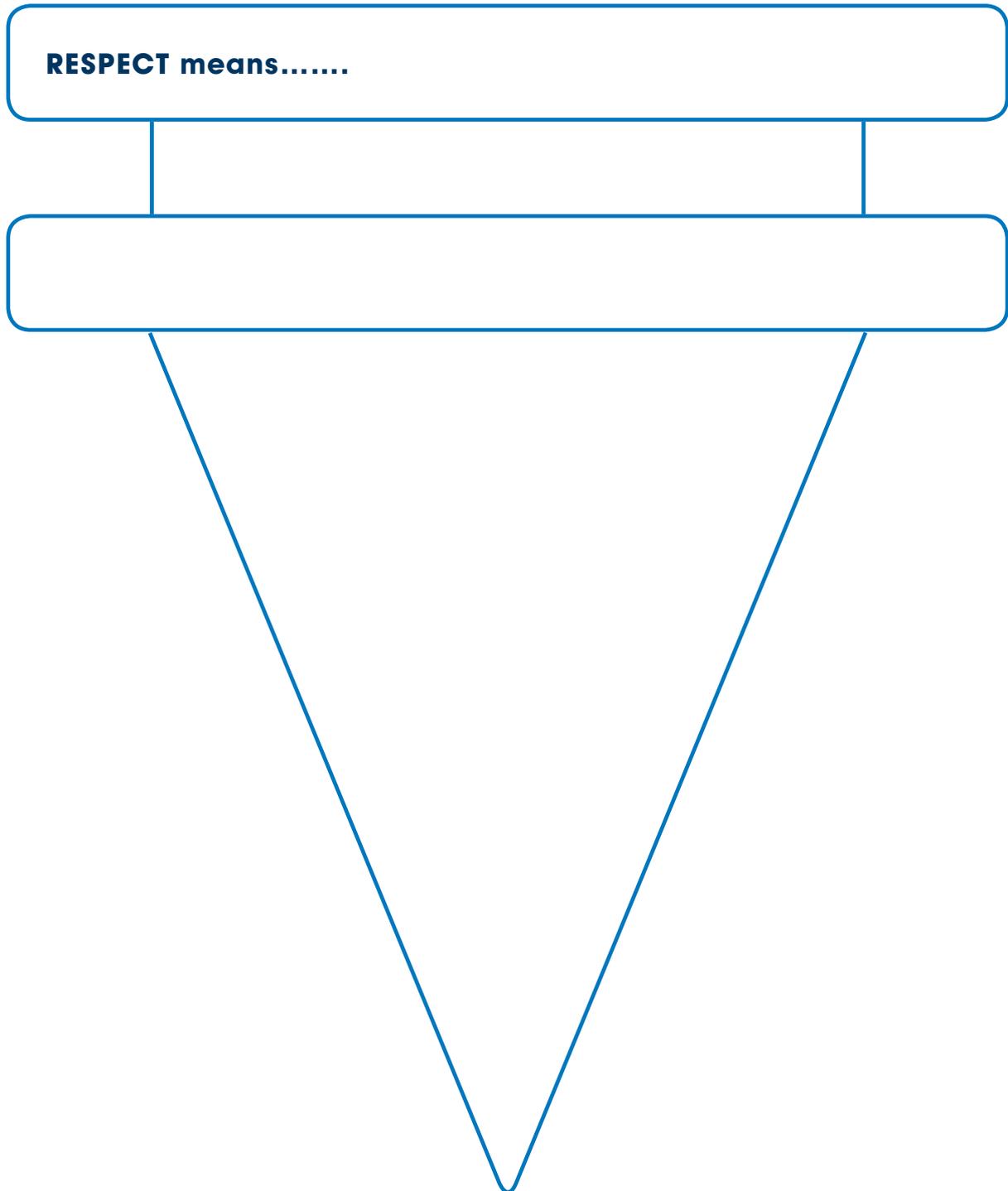


## WORD BANK

inspire \* work hard \* brave \* loyal \* determined \* committed \* strong \* happy \* kind \* caring \* listen \* helpful \* encourage \* motivate \* uplift \* improve \* skilful \* talented \* empathy \* truth \* honesty \* respect \* creative \* amazing \* confident \* different \* unique

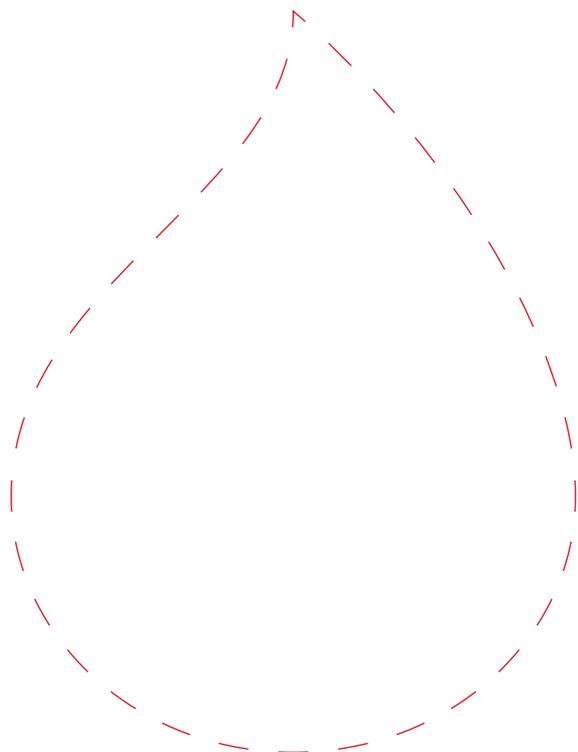
# RESPECT TORCH BASE TEMPLATE

Print and cut out the Respect Torch Base.

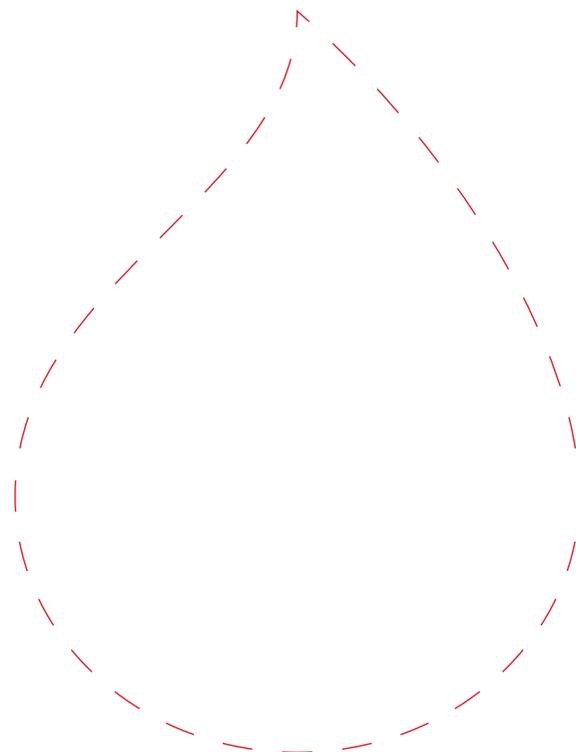


## RESPECT TORCH FLAME

Write an example of how we can show respect in the flame below.  
Cut out your flame and add it to the Respect Torch Base.

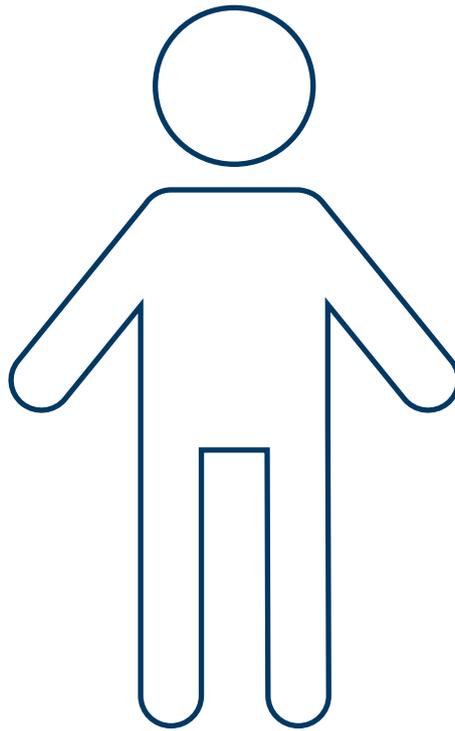


How will you show respect? Write how you will show respect  
to yourself or others in the flame below.



# SUPER FRIEND TEMPLATE

Using the Super Friend Template, draw and annotate the qualities you might find in a superhero with friendship superpowers. For example, supersonic hearing for a good listener.



**My superhero's name is:** .....

Use your drawing and notes to create a short paragraph to introduce your superhero.

.....

.....

.....

.....

## WORD BANK

kind \* caring \* good listener \* supportive \* brave \* fun \* reliable \* responsible \* honest \* cheerful \* generous \* giving \* attentive \* trustworthy \* truthful \* sensitive \* loyal \* nice \* supersonic \* strong \* cape \* flying \* special \* huge \* x-ray vision \* radioactive \* fast \* daring \* selfless \* hug \* considerate \* accepting \* extraordinary \* open \* sharing \* unique